



Professional Development Workshop Titles

All services are delivered within a culturally responsive and strengths-based framework. Each training meets NM ECECD core competency areas for early care, education, and family support, the New Mexico Association for Infant Mental Health competencies, and confidentiality policies established under the HIPAA (1996).

Challenges	<ul style="list-style-type: none">• Talk It Out: Mastering Challenging Conversations with Skilled Dialogue• Nurturing the Spirit: Walking Through Shadows of Perinatal Depression• Mending the Sacred Hoop: Trauma Healing for Children and Kin• Roots of Strength: Boosting Resilience Through Culture• Power & Control: Responding to Domestic Violence
Child Development & Infant Mental Health	<ul style="list-style-type: none">• Baby Steps: Observing and Assessing Children's Development• Baby Minds Matter: Infant Mental Health Basics• Taming Tough Moments: Creating Positive Behavior Plans• ASQ-3 Screening: Partnering with Parents & Discovering Development• Strengthening Spirits: Building Kids' Emotional Strength & Resilience
Parent, Family & Community Engagement	<ul style="list-style-type: none">• Weaving Ties: Cultivating Family Engagement in Native Tradition• Vision Beneath the Stars: Nurturing Family Hopes, Dreams & Goals• Roots & Wings: Nurturing Language through Cultural Connections• Strengthening Parent-Child Relationships Using Ancestral Knowledge & Evidence-Based Practices• Recruitment, Retention & Outreach Strategies that Get Results• Sacred Circles: Engaging Families Through Tribal Wisdom• Ancestral Bridges: Connecting Families through Cultural Attunement
Workforce Training & Technical Assistance	<ul style="list-style-type: none">• Grant Writing• Safe Visits, Strong Impact: Home Visitor Safety Essentials• Spark the Change: Mastering Motivational Interviewing• Documentation in Home Visiting: Using DAP Notes• PICCOLO Power: Boosting Family Connections• Team Up for Triumph: Parents & IEPs/IFSPs• Crack the Code: SSOOPRR for Stellar EI Visits• Unite & Ignite: Cultivating a Winning Team Culture through Team Building• Lines & Trust: Ethics Essentials for ECE Pros

Heidi Kranz, MS, IMH-E[®], is the CEO of Parenting Solutions Inc., your **local expert** with international experience, celebrating family, culture, and community, delivering culturally attuned, relationship-centered consultations designed to meet your unique needs. Heidi is an Endorsed Reflective Supervisor, and is listed in the National Registry of Reflective Supervision/Consultation Providers: <https://www.allianceaimh.org/national-rsc-registry> and listed with the National Speaker's Bureau with the Brazelton Touchpoints Center: <https://www.brazeltontouchpoints.org/programs-services/speakers-bureau/>

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